



Games were enjoyed at the Tudor court over the Christmas period. The popular children's game Blindman's Buff (or Blindman's Bluff in the USA) is thought to date back to the Tudor period as there are several reference to it being played by Henry VIII's courtiers.

To Play Blindman's Buff...

Get a group of people to stand together in a circle, joining hands if you wish. Blindfold one of the players, then spin them around three times and return to the circle. The 'blindman' then scrabbles around, attempting to find and catch the other players. When he or she catches another player, they should touch and feel their face and attempt to identify them. If the player is correctly identified, they exchange roles and become the next 'blindman.'