

# What do I need?

Milk carton or plastic water bottle with lid

Scissors or kitchen skewer

Acrylic paints

Paint brushes



# What do I do?

Look at page 2 to learn about Global Recycling Day on 18th March and discover some gardening-inspired recycling you can do at home!

Remove any labels from your plastic bottle by soaking it in warm water for 5-10 minutes or until the labels peel away. Leave the bottle to dry.

Now it's time to get creative with your paints! You could paint your bottle just one colour or cover it in a pattern such as flowers or stripes.

Once you've finished painting, set the bottle aside for a few hours or until fully dry.

Remove the lid from your bottle. With the help of a responsible adult, carefully pierce holes evenly across the lid using your scissors or kitchen skewer.

Fill your bottle with clean water and screw the lid back on tightly to prevent water leaking from the sides.

Now you can water your potted plants by tipping your bottle upside-down so that the water comes out of the holes in the lid just like a watering can!

# Global Recycling Day

Global Recycling Day was set up in 2018 to highlight the importance of recycling to help preserve the Earth's natural resources. Recycling is the process of turning old, unwanted things into new products. It takes a lot less energy to recycle products than it does to make new ones!

As well as helping to reduce the amount of greenhouse gases emitted in goods production and landfill, recycling also encourages us to change our way of thinking. It teaches us to view waste as opportunity, as something which could help to save us a lot of money!

The Bureau of International Recycling (BIR) urges people across the planet to think of the goods around them as resources, not as waste products. Until this happens, we simply won't award recycled products their true value.

Here are a few recycling ideas you can do at home:



- Put your old CDs together to make a bird scarer for your vegetable patch;
- Turn cardboard tube into little plant pots to sow seeds in;
- Make small garden ponds for wildlife from plastic buckets or ceramic bowls;
- Cut strips from plastic containers to make plant labels;
- Turn old milk cartons into bird feeders;
- Use empty compost bags to collect debris from the garden.