

Unscented candle wax flakes

Candle wick

Wick supports or chopsticks

Glass jar

3 tsps freshly ground black pepper

Saucepan

Wooden spoon

Scissors

Optional: other spices or essential oils, ribbon, twine, pine sprigs, orange slices, cinnamon sticks



What do I do?

You will need the help of a responsible adult to melt and use the wax.

To make sure you melt enough wax for your candle, fill your jar twice with wax flakes and pour them into the saucepan.

Set your saucepan on the hob over a medium heat. Slowly melt the wax flakes, stirring occasionally with your spoon.

When your wax is fully melted, stir in your black pepper together with any other spices or fragrances you wish to add.

Dip the metal end of your candlewick into the melted wax and stick it in the centre of the base of the jar. To keep the wick vertical, use your wick support or two chopsticks rested on the top of your jar.

Pour the melted wax into your jar very slowly so that you don't destabilise the wick. Take care not to burn yourself on the wax, as it will be extremely hot.

Once you have poured in all the wax, set the jar aside for a few hours to allow the wax to cool and solidify fully. Once cool, trim the wick to about 1cm from the top of the wax, just like regular candle.

If you'd like to, you can decorate your jar using any festive materials you have at home, such as ribbons or cinnamon sticks.

Put your candle on display and light it each evening to fill your home with a lovely festive fragrance, or why not wrap it up for a Christmas present.