



What do I need?

Glass jar

Whole nutmeg

Fine grater

Ribbon or twine

Optional:

dried orange or apple slices, pine cones, cinnamon sticks, star anise, allspice, whole cloves, dried cranberries, pine sprigs, bay leaves



Christmas potpourri jar



What do I do?

First, decorate your jar with some decorative ribbon or twine. You can cover the whole jar or simply tie a bow around the neck.

Now all you need to do is arrange your materials in your jar, mixing scents that you think smells nice together.

For dried apple slices, follow the instructions for drying oranges in the star anise wreath tutorial. But make sure to brush the apple slices with lemon juice before drying them in the oven as this prevents them from going brown. You'll also need to check on them more regularly as they dry much faster than orange slices.

If you want to use pine cones you'll need to heat them in the oven first to get rid of any bugs.

Preheat your oven to 90°C then, while it is warming, wash the pine cones in a solution of warm water and a tablespoon of white vinegar.

Don't worry if the pine cones close up when you do this - it's quite normal. Line a baking tray with kitchen foil and place the pine cones on top. Put the tray on the middle shelf of the oven and bake for around 90 minutes, checking on them regularly so they don't burn. Once they have opened fully you can take them out and leave them to cool.

To finish your potpourri jar grate some fresh nutmeg over the top so that its spicy smell is your strongest scent. Place any leftover pieces of nutmeg inside your jar.

Display your potpourri jar on a coffee table or a mantle piece to fill your room with a delightful mix of nutmeg and other festive fragrances. Or why not put a lid on top and wrap it up as a gift for a loved one this Christmas.