

Altar candle (unscented)*

Cinnamon sticks

Twine

Strong glue

Scissors

*The candle should be the same height as your cinnamon sticks (about 7-10cm) but it can be as wide as you like.



What do I do?

Glue your cinnamon sticks around your candle so that they form a ring around it. You'll need to hold each one in place for about 30 seconds while the glue starts to dry.

Cut a long length of twine, wrap it 3-4 times around your cinnamon candle then tie the ends into a bow.

That's it! Your candle will now have a lovely cinnamon-spiced smell whenever you light it.

Display your candle in your home during Advent to fill it with a delightful spicy fragrance. Or why not wrap it up in some brown paper and give it to a loved one on Christmas Day? If you're feeling creative, you could add some other decorations to your candle too, such as:

- Star Anise. Stick these in a nice pattern on top of your cinnamon sticks or just dot a few around the outside of the candle.
- Pine. Add small pine cones or pine sprigs to your candle to add a Christmas tree scent.
- Ribbon. Tie green, red or gold ribbons around your candle to make it look extra festive.