

Simnel Cake is a type of fruit cake traditionally eaten in Britain at Easter. It is much lighter than a Christmas cake and is decorated with a marzipan layer topped with eleven marzipan balls, each symbolising one of Jesus's apostles, minus Judas the traitor. The cake originated in medieval Britain when it began life as a type of yeast-leavened fruit bread made with the highest quality white flour. In fact, the word 'simnal' derives from the Latin *simila* for the finest flour. The cake developed into a type of boiled pudding in the 17th-18th centuries, then developed into its current form at the turn of the 20th century. Why not try our Simnel Cake recipe for family and friends this Easter?

## **INGREDIENTS**

150g sultanas
50g currants
50g mixed peel
100g glacé cherries, halved
200g muscovado sugar
175g plain flour
1 tsp
125g ground almonds
250g unsalted butter
5 eggs
zest and juice of 2 oranges
2 tsp mixed spice
1tsp almond extract
500g marzipan
3 tbsp smooth apricot jam



## **METHOD**

- 1. Place the sultanas, currants and mixed peel in a bowl with the orange juice and zest and 1 tbsp water.

  Leave to soak overnight or cover and microwave for a couple of minutes, before setting aside to cool.
- 2. Preheat the oven to 150°C / 130 °C fan / Gas Mark 2. Grease and line a deep 20cm cake tin with a double layer of greaseproof paper.
- 3. Roll out the marzipan and use the base of the cake tin as a template to cut out 2 circles of the same size. Roll the remaining marzipan into 11 equal-sized balls.
- 4. Put the butter and sugar together in a bowl and beat until light and creamy. Mix in 4 of the eggs together with the flour, almonds, baking powder, mixed spice and almond extract, then fold in the soaked fruit mix and glacé cherries.
- 5. Spoon half the cake batter into the base of the tin, then place one of the marzipan circles on top. Top with the remaining cake batter and level the top.
- 6. Heat the apricot jam for 20 seconds in a microwave. Brush it over the top of cake, then top with the second circle of marzipan.
- 7. Lightly beat the remaining egg then brush it over the surface of the marzipan. Arrange the 11 marzipan balls in a circle around the edge, then brush these with a little beaten egg too.
- 8. Place under a medium-hot grill for a couple of minutes until the marzipan begins to caramelise. Take care not to let it burn. Leave to cool, then decorate with an Easter-coloured ribbon of your choosing.