

Index of Activities

Experiencing Nature

These activities are designed to help children to experience the natural world in preparation for the activities that explore and reflect upon religious teachings about the natural world.

Awaken Enthusiasm

- A1. Bat and Moth
- A2. Owls and Crows
- A3. What Animal Am I?
- A4. Animal Parts

Focus Attention

- A5. Sounds
- A6. Sound Map
- A7. Un-Nature Trail
- A8. Barefoot Walk
- A9. Animals, Animals!

Direct Experience

- A10. Camera
- A11. Blindfold Trail
- A12. Blind Walk
- A13. Meet a Tree
- A14. Caterpillar Walk

Share Inspiration

- A15. Silent Sharing Walk
- A16. Nature Meditations
- A17. Expanding Circles
- A18. Stillness Meditation

Listening to Nature

- A19. Walking and Feeling Yourself in All
- A20. Still Hunting

Exploring and Reflecting

These activities are designed to help children explore and reflect upon religious teachings about the natural world. The text at the beginning of each faith section covering the teachings explored and reflected upon in these activities are indicated as follows:

T – Teachings about the World

M – Moral Teachings

S – Spiritual Teachings

V – Visions of the Future

* Activities marked with a * could be used (adapted if necessary) in units of work on other faiths.

Buddhism and the Natural World

	teachings section	usable for other faiths
B1. Interconnections	T	*
B2. Impermanence in Nature	T	
B3. Webbing	T	*
B4. Contemplative Exercise	S	*
B5. A Special Area	S	*
B6. Making Friends with My Body	S	
B7. Making Friends with Ourselves and Our Neighbours	S	
B8. Learning from Trees	S	*
B9. The Magic of Patience	S	
B10. The Five Precepts	M	
B11. Some Case Studies	V	
B12. Consumerism and Voluntary Simplicity	V	*

Christianity and the Natural World

	teachings section	usable for other faiths
C1. The Christian Creation Story	T	
C2. The Bread and Wine	T	
C3. Using Your Senses	S	*
C4. Changing Our Lifestyles	M	*
C5. Writing Poems and Psalms	S	
C6. Creating Pleasant Places	M	*
C7. St Francis	M	
C8. Holidays and the Environment	M	*
C9. Seeds and Flowers	V	*
C10. Changing Our Environment	V	*

Hinduism and the Natural World

	teachings section	usable for other faiths
H1. Point at Yourself	T	
H2. Cycles and Changes	T	
H3. Stillness and Reflection	S	
H4. Festival Lamps	S	
H5. Cows	M	
H6. Vegetarian Menus	M	
H7. Garlands	M	
H8. Case Studies	V	
H9. Visit to the Future	V	

Islam and the Natural World

	teachings section	usable for other faiths
I1. Everybody is a Unity Full of Diversity	T	*
I2. One and Many	T	
I3. Planet Earth and Human Bodies	T	
I4. Islamic Patterns	T	
I5. Contemplating the Natural World	S	
I6. Contemplating the Heavens	S	
I7. Our Surroundings	M	
I8. Cycles in Nature and Ourselves	M	
I9. Stories	M	
I10. Planting Trees	M	
I11. Only Humans Waste So Much!	M	*
I12. Where Did the Tigers Go?	M	
I13. Bird Boxes	M	
I14. Islamic Gardens	V	

Judaism and the Natural World

	teachings section	usable for other faiths
J1. Naming the Animals	T	
J2. The Days of Creation	T	
J3. The Tree of Life	T	
J4. Into the Desert	S	
J5. A Model Sukkah	S	
J6. A Talmudic Debate	M	
J7. Ethical Food Choices	M	
J8. Waste Not	M	
J9. Old and New	V	

Acting

These activities can follow on from the activities exploring and reflecting on religious beliefs and values.

- Z1. Creating a Classroom Environmental Policy
- Z2. Organising an Environmental Audit
- Z3. Creating a Sustainable Garden
- Z4. The Tree of Faiths